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# Cosmetic Surgery Abroad: What to Expect from Medical Tourism

Cosmetic surgery is one of the most common practices that medical tourists go for abroad. They wish to take advantage of the cheaper costs, modern technologies available and the opportunity to see new places. Before you get a package, you have to learn more about the possible risks and other options you have regarding the procedures. You can make the trip more convenient and easy by finding out the different features and requirements.

### About Cost

When going for cosmetic surgery, you have to compare prices between countries and hospitals. Expect to pay 40% to 80% less than what you expect in the United States or United Kingdom. The cost will be determined by your current condition, the type of surgery and other special features. Of course, getting top quality accommodations and other features will also equate to a more expensive medical tourism package. You can get any type of procedure available in America, such as tummy tucks, liposuction, nose jobs, face lifts, breast augmentation, chin repair and many more.

The cost of tummy tucks in the States is around \$8000 to \$8500. You can get about 60% off, depending on the place and hospital. Breast augmentation will cost you around \$6000 to \$6500 in America, but getting it in Southeast Asia will only cost you about \$2000 to \$3000. Expect to spend around \$8000 to \$8500 for breast lifts in the States. If you plan to get it overseas, you can slash costs by 40% to 75%. Breast reduction will charge you about \$8000 to \$9000 in first world countries. However, if you choose to go for a medical tourism package, you will only be charged around \$5000. Lap-band surgery in America costs around \$18000, but getting it in Asia only costs around \$6000 to \$10000. You can also get liposuction in three various areas for only \$5000, compared to the standard \$8500 price tag in the United States.

Most of this information comes straight from the Medical Tourism pros. Careful reading to the end virtually guarantees that you'll know what they know.

### Finding the Right Country

You have to familiarize yourself with the different options you have when it comes to picking the right destination. Read more about each country and determine which factors make it very competitive for medical tourism, specifically cosmetic surgery. Some nations are better known for their expertise at a particular procedure or two. For example, Thailand is highly recommended for its breast lifts and breast augmentation procedure. You can get excellent results when it comes to liposuction and tummy tucks in the Philippines. A lot of individuals travel to Jordan or Israel for lap-band surgery, facelifts and nose jobs.

Also ensure that the medical institution you are visiting is accredited by the JCI or Trent. Other accreditations will also help you make sure that you are dealing with competent and reliable professionals. Learn more about the available facilities and technology they have.

### Final Tips

Doctors highly recommend that you get an insurance policy covering your treatment abroad, just in case you experience untoward incidents or are not fully satisfied with the results. There are policies available today covering traveling medical tourists. The coverage will include recovery period and follow-up procedures and surgeries if needed.

### About the Author

Monica Flower likes to take courses about floral arrangements. Discover the secrets of flower arrangements by visiting [www.flower-arranging-courses.net](http://www.flower-arranging-courses.net), a blog about top [flower arranging courses](#) and best flower arranging classes.

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